

The Parish Church of St Andrew, Stratton

Priest in Charge

The Revd Teresa Folland Tel: 01288 352599

e-mail: teresa.folland@gmail.com

Churchwardens

Mrs Diana Ohlson Tel: 01288 354441

e-mail: dohlson24@gmail.com Mrs Val Hopper

Tel: 01288 354215

e-mail: val-hopper@outlook.com

JULY 2024

A Prayer for this month

St Columba's Prayer

My dearest Lord,
Be thou a bright flame before me,
Be thou a guiding star above me,
Be thou a smooth path below me,
Be thou a kindly shepherd behind me
Today, tonight, and forever.

Amen.

Services at St Andrew's July 2024

3rd July Christian Meditation 9.30am

Midweek Mass Wed. 10.30am - Officiant: Rev Teresa Folland

7th July 6th Sunday after Trinity

Readings: Ezekiel 2:1-5; Psalm 123; 2 Cor 12:2-10; Mark 6:1-13

Benefice Service at Poughill 10.00am Officiant: Rev Doug Adams with

Rev Teresa Folland preaching

Evensong 6pm - Sheila Waring

Cantor: David Goodwin

Psalm: 63

Readings: Jeremiah 20:1-11a Romans 14:1-17 Reader: Simon Waring

10th July Christian Meditation 9.30am

Midweek Mass Wed. 10.30am – Officiant: Rev Doug Adams

14th July 7th Sunday after Trinity

Readings: Amos 7:7-15, 12b-19; Ps 85:8-end; Eph 1:3-14; Mark 6:14-29.

Parish Mass 9.30am – Officiant: Fr Shane Griffiths

Readers: OT & Psalm Stan Noakes NT Andrew Davey

Intercessions: Diana Ohlson

17th July Christian Meditation 9.30am

Midweek Mass Wed. 10.30am – Officiant: Rev Richard WS

21st July 8th Sunday after Trinity

Readings: Jer 23:1-6; Psalm 23; Eph 2:11-end; Mark 6:30-34, 53-end

Morning Worship 9.30am with LWLs Judy and Val H

Readers: OT & Psalm Sheila Waring NT Judy D Gospel Val H

Intercessions: Simon Waring

24th July Christian Meditation 9.30am

Midweek Mass Wed. 10.30am - Officiant: Rev Jane Bradbury

28th July 9th Sunday after Trinity

Readings: 2 Kings 4:42-end; Ps 145:10-19; Eph 3:14-end; John 6:1-21.

Parish Mass 9.30am – Officiant: Rev Jane Bradbury

Readers: OT & Psalm David Coles NT Jim Long

Intercessions: Judy Dunne

31st July Christian Meditation 9.30am

Said Mass 10.30am - Officiant: Fr Shane Griffiths

St. Andrew's Church Stratton Flower Festival 2024.



The title of St. Andrews Church Flower Festival this year was "These are a Few of Our Favourite Things". Visitors entering through the South door were greeted by a vibrant colour arrangement of flowers by Stratton Primary School, joyfully expressing the enthusiastic involvement of young people in all kinds of activities, from the infants cherishing their cuddly toy, to the older children's love for football, tennis, music and many other past times.

The arrangements then went on to celebrate so many varied activities which bring such pleasure, happiness and the chance to be creative. Sarah Taylor demonstrated the pleasure of gardening, crafting an intricate, thoughtfully planned miniature exhibit, which even contained the tiniest of watering cans. Pat Boundy on behalf of the Friends of Stratton Hospital, gave us a display showing the deep satisfaction of walking in the woods. It contrasted planned garden spaces with the wildness of nature, using one of the church pillars to give a sense of height in the woods with trees leaning over us, as if to reassure us of their wisdom, derived from their capacity over thousands of years to

recover, revive and renew themselves. At the high altar Lyzette Bevan expressed her personal passionate belief that flowers are gifts that lead us to an ecstatic experience of heavenly grace through their stunning beauty.

Enjoyment of a particular kind inspired 'Hiking in the Cairngorms' by Val Barker. She gave the visitor sight of a cascading waterfall falling to a pool below surrounded by rocks and plants. The steepness of the Highlands was presented in towering green displays with even a glimpse of a stag's antlers peeking out to set the scene. All of this stirred the imagination to enter into the heart of the experience of walking surrounded by such natural majestic beauty. Family walking boots, a hip flask, maps and other items showed the very human side of what the display was expressing.

Judy Dunne showed her passion for ballet with a delightful ballerina created in flowers with a tutu of gypsophila showing the strength but lightness of the dancer's art. Becca Barker gave us Wimbledon with yellow chrysanthemums like flying tennis balls and reminders of traditional cream teas. Val Hopper celebrated the pleasure of travelling along the UK's canals. A miniature long boat floated along a shimmering cloth which gave the impression of sunlight on the water which was surrounded by banks of green plants.



Jennie Coles made a beautiful floral ring to decorate and highlight the donations jar.



. In the Lady Chapel Sheila Waring created a loving appreciation to Ducks of every kind. A delightful floral duck sitting on a nest was the centre piece of this appreciation of these much-loved birds. There were ducks in rivers, ducks in flight, ducks of every kind and colour demonstrating their own pleasure in the very gift of being alive.

Helen Barnes from St. Swithin's Church offered in flowers all the energy and driving pulse of Rock and Roll Music. A bright red floral guitar and other arrangements captured the spirit of the pleasure that the music gives her, summed up in her own description: "I know 'tis only Rock 'n'Roll. But I like it!" Jennie Siddalls from St. James' Church, Kilkhampton showed her delight in Scottish Country Dancing with flowers, dancing shoes and tartans, hinting at the irresistible energy and rhythm of the music and the dancer's movements. The love of 'Birds and Bees' and

other insects and small creatures burst out of the display from one of the North Aisle window ledges in a display by Vera Roper and Susan Wilkinson. It was thoughtful and detailed in its presentation. Rosalie Wilkinson created tiny cupcakes made from flowers and other items to show her passion for baking. Jeanette Norman and Lynne Cross, both from St James Kilkhampton, presented music as their favourite pleasure, honouring singers and skilled orchestral players and conductors. Cornwall itself had a central place in the festival with beautiful display stands by Anne Day, placed all the way down the main aisle featuring Cornish colours, flags and traditional Cornish ribbon. Audrey Aylmer and Alan McIntosh, on behalf of the Old Cornwall Society, presented the pleasure to be had in seeing and appreciating all the varieties of shell and fossil types that nature delivers freely to us, along with photographs showing the history of St Andrews.

A feature called 'Resting in What Is' was used to introduce particular 'Contemplative Spaces' which are being made available both inside St. Andrew's and also in the churchyard where a 'contemplation seat' has been placed under the trees with a 'Compassion Rose' planted to climb beside it. Here selected inspirational writings will be offered to encourage us all to release contemplative hearts and minds which allow us to rest in the present moment whatever it may contain, so needed with all the turbulence in our world today.

Many volunteers worked very hard to deliver a choice of lunches and teas over the three days of the festival. Other volunteers greeted the visitors or undertook many unseen but important jobs to make the occasion such a success. Once again Sheila Waring, who organized the whole event, must be congratulated on such an inspirational Flower Festival which will live long in the memory.

Sandie Cheshire created a beautiful tribute to the work of the Mother's Union. In it she included the favourite prayer of Mary Sumner who founded the organisation. This lovely prayer fits perfectly the intention, inspiration and execution of this joyful Festival:

"All this day, O Lord, let me touch as many lives as possible for thee, and every life I touch, do thou by the spirit quicken, whether through the words I speak, the prayers I breathe, or the life I live. Amen."

Diana Ohlson.

Upcoming Social Events at St Andrews Church

We are planning to hold two cream teas at the Church, one in July and one in August – details to follow, please invite your friends to support our Church.

On 10th August there is the craft fair with all day refreshments – look out for notices.

Hot lunches will resume on 27th of Sept, 25th of Oct and 29th of Nov, and again we will hold a New Years Day lunch on Jan 1st. Put the dates in your diary!!.

A Harvest Festival supper is in the planning stage. We hope to hold it in the Community Hall to accommodate more people.

There will be a special exhibition about the history and building of our Church on St Andrew's weekend in November.

We hope to see you at some or all of these events, and there are more ideas in the pipeline, so please look out for further information! Judy Dunne

Letter of Invitation

What can be better for you
Than having something to do?
Whether you knit, crochet or sew
There's a new place in Stratton to go.

Come to St Andrew's to meet Friends old and new for a chat. A table or 2 for craft, a comfy seat On the 1st Wednesday, remember that!

I am no poet! But I do want to tell you about an exciting new venture for anyone who enjoys the opportunity to do something creative over a cuppa and biscuits with other people. On the $1^{\rm st}$ Wednesday of every month, starting in September, from 2 until 4pm, all are welcome to come to St Andrew's Church in Stratton for an afternoon of doing some craft and a chat.

There will be a mixture of demonstrations, tutors or just bringing your own project to get on with. We look forward to meeting you in September even if you just want to come to see what it is all about!

Jennie Coles

100 Club Winners

Date	Prize	Name	Number
25th May 2024	1st	Judy Dunne	7
_	2nd	David Hobbs	14
1st June 2024	1st	Sarah Harding	79
	2nd	Zelda Petvin	17
8th June 2024	1st	T Cobbledick	111
	2nd	Carly Cobbledick	33
15th June 2024	1st	T Cullimore	97
	2nd	Val Barker	51
22nd June 2024	1st	Diana Ohlson	108
	2nd	Vee Ellis	6

The 1st prize is £20; 2nd prize is £15

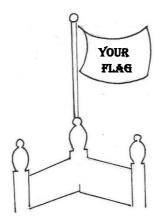
Craft Fayre

This fundraising event will take place at St Andrew's from 10am until 4pm on Saturday August 10th. It will be arranged and run by Kim Gouldson and there will be a great many stalls with an array of interesting and lovely things to buy. The social committee will be providing light refreshments all day and there will be the usual Raffle/Tombola and church stalls.

If you would like to have a stall yourself please speak directly with Kim Tel number: 07825 557746.

Please spread the word as if people don't know about it they won't come along. Look forward to seeing you on August 10th.

Would you like to see your flag flying from the Tower at St Andrew's Church, Stratton?



Competition

We are holding a competition to design a flag of significance for Creationtide and the conservation and care of our world.

Open to everyone in the community and anyone with an interest in St Andrew's.

There is no age limit and no entry fee.

There are rules for the flag design if you wish to enter the competition.

Entry forms with the rules are obtainable from the Church, the Stratton Stores or from Val Barker 01288 353435









We regret that we will have to cancel our July branch meeting owing to unforeseen circumstances.

The cream tea held in June was a tremendous success supported by members, friends and visitors from as far as Australia. We raised £230 to support our 'Self Esteem Young Carers' project. A big thank you to everyone who made it such a success.

There will be a Diocesan Quiet Day on Thursday 18th July, 11.00am to 4.00pm, at St Endellion's Hall. The theme is 'Shifting Sands and Solid Rock', which will be led by our MU Chaplain, Rev Nicki Farr. All are welcome. Please bring a packed lunch.

Churchyard Management

Several people took part in the 'Churches Count on Nature' survey. The information is now being collated and will be uploaded to add to the results from all over England and Wales. Many thanks to those who took part.

Sheila Waring

Dates for your Diary

Thurs 11th July	Pastoral Meeting 10.30am at 6 Drovers Way	
Thurs 18th July	MU Quiet Day – see details above	
Sat 10th August	Craft Fayre at St Andrew's 10am – 4pm	

This month we remember in our prayers:

All those living in:

Sunday 2nd Bridge St, Union Hill and Bowden **Sunday 9th** Poundfield Lane, Hospital Road and Ward Close **Sunday 16th** St Martin's Rd, St Peter's Rd, Gladwell Gardens
and Binhamy Lane

Sunday 23rd St Andrew's Rd, St Michael's Rd, St Olaf's Rd and Woodley Cl **Sunday 30th** New Rd, Pathfields, Stamford Hill, Poundfield, Poundfield Cl

Those who have asked for our prayers or are in our thoughts at this time: Allan Gouldson, Tracey Parkin, Bella, Becky, Clare, Molly Hooper, Emma, Yvonne Bishop, Val Gittins and all our Church Family who are ill at home or housebound.

We remember in our prayers those preparing for the sacraments of the church.

We pray for the Repose of the Souls of the recently departed: Edna Daniels, Wendy Smith. May they rest in peace and rise in glory.

Those in our Year's Mind the week beginning:

Sunday 2nd David Perkins, Oscar Conoley, Angela Fanghanel, Vera Middle, Pat Blair, Gwen Richardson

Sunday 9th Barry Aust, Terence Miell, Kathleen Dinner, Dorothea Hare, William Johns, Allan Kidby, Tracey Perkins, Beryl Curtis, Cyril Davis, Marcus Davey, Gilbert Stuttaford, Shirley Yeo, Joan Gurney

Sunday 16th Dorothy Burley, George Bowden, Shirley Walter, Gladys Day, Jasmine Thompson, Timothy Ellis

Sunday 23rd Robert Hill, Christopher Holwill, Marion Dymond, Ronald Troop

Sunday 30th May Gorman, Joyce Manning

All those in our own special remembrance.

A very warm

WELCOME

to our Benefice to Fr Shane Griffiths and his wife Jackie.

They are temporarily living locally and Fr Shane will be working in our Benefice for two days each week.

He will be taking some of the services, both here and at Launcells, during the next six months that they are with us.